



THE
MOORINGS
HOTEL AND RESTAURANT

APERIO – food to share with drinks

Nocellara Olives (VG) £6

Potted shrimps – Sourdough toast £8 **D, CR, G**

Whelk Fritters - parsley, and caper mayo £8 **MO, D, E, G, M**

Grouville cockle popcorn, chilli salt, malt vinegar £7 **MO, SD, G, D**

BREADS

Warm Sourdough, Nordic Rye & Knekkebrød (Norwegian crisp bread with fennel), Jersey butter £5.50 **G, D, SE**

FIRST COURSES

Grouville Oysters

Natural/ shallot vinaigrette/ lemon. £2/ oyster **MO, SD**

Florentine - spinach and hollandaise £3/ oyster **MO, SD, D, E**

Rockefeller – Jersey butter, garden herbs, breadcrumbs £3.50/ oyster **D, G, MO**

Roast butternut squash velouté £8 (VG) **C, N, SD**

Soupé de poisson £8.50 **D, G, F, CR, SD, M**

Classic French-inspired fish soup, Gruyère, rouille & croutons

Chicken liver parfait £9 **D, E, G, S, C, SD**

Chicken crackling, toasted sourdough

Galette croquante £13.50 **CR, E, G, D, F**

Chancre Crab, Madras curry, crispy galette, avocado

Grouville hand-dived scallops £3/ scallop **D, G, MO**

Confit garlic, Jersey butter, dunking bread

Crisp spiced squid £11.50 **F, G, D, P, N, SD, M, SO**

Fried, hot sauce

SALADS

Swiss-style Gemischter salat £9/ £17

Beetroot, Carrot, Leaves, Corn, Potato, Radish, Cucumber,

Celeriac remoulade, Vegan Yoghurt dressing (VG) **SD**

Greek: £10/18

Tomato, Kalamata olive, Oregano, Pepper, Sweet onion, Cucumber, Ex virgin olive oil, Feta (V) or (VG) without Feta

(V) = Vegetarian (VG) = Vegan

Allergens in BOLD:

C - Celery; **G** – Cereals containing Gluten/ Wheat; **CR** - Crustaceans; **E** - Egg; **F** – Fish; **L** – Lupin; **D** – Dairy/ Milk products; **MO** – Molluscs; **M** – Mustard; **N** – Nuts; **P** – Peanuts; **SE** – Sesame seeds; **SO** – Soya; **SD** – Sulphur Dioxide

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express.

All prices are fully inclusive of GST at 5% and service.

If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full, with all the team

MAIN COURSES

Plat du Jour £15

Daily Lunch & Dinner Special available weekdays only

Linguine:

Palourde clams 'vongole' smoked Jersey oyster £21 **D, E, G, MO, SD**

Khao Soi £14 Homage to Chiang Mai's famous Thai curry. (VG) **SD, C**

Add **King Tiger prawn** +£8 **CR** / **Chicken** +£5

MEAT & GRILLS

32-day aged Jersey X Angus beef. All served with frites & 1 sauce of your choice

Madagascar peppercorn **D, SD, C** / Jersey garlic and herb butter "Maitre d'Hotel" **D**

Rump 240g £21.50

Sirloin 240g £26.50 **D, G, S, C, M, F, SD**

Fillet 180g £32 **D, G, S, C, M, F, SD**

FISH & SEAFOOD

Fish mixed grill for 2 - £52 **D, G, F**

Simply grilled local line caught fillets of fish to share

Lemon & chive beurre blanc **D, SD** or Plain grilled with charred lemon to squeeze

Grilled spiced King Tiger prawns 2 £26 / 3 £31 **CR, SO, SD**

Tomato pilaf, lemon butter

Jersey Lobster **SD, CR, D, G, E, M**

Served with soufflé butter ½ £26 Whole £48

SIDES

New potatoes / Frites / £4

Garden greens £4 **D**

Leaf spinach £4 **D**

Garden salad £5 **M**

DESSERTS £9

Malva Caramelised sponge pudding **D, G, E, SO**

With chocolate and vanilla

Tiramisu **D, G, E, SD, SO**

Finger biscuits, mascarpone, coffee

Saffron and cardamom rice pudding (VG) **N**

Served with caramelised pineapple

Chocolate Mousse **D, E,**

JERSEY GELATO **D, G, E**

Classic Vanilla, Salted Caramel, Garden Mint, Coffee, Mint Leaves with Choc Chip

£2.75 per scoop

CHEESE Choice of 3 £12.50, Choice of 5 £15.00 **D, G, C, SD, SE**

British and French cheese selection

Sourdough & Knekkebrød, grapes & celery, melon preserve

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