



THE  
**MOORINGS**  
HOTEL AND RESTAURANT

## SAMPLE MENU

**APERIO** – food to share with drinks

**Nocellara Olives** (VG) £6

**Potted shrimps** – Sourdough toast £8 **D, CR, G**

**Whelk Fritters** - parsley, and caper mayo £8 **MO, D, E, G, M**

**Grouville cockle popcorn**, chilli salt, malt vinegar £7 **MO, SD, G, D**

## BREADS

**Warm Sourdough, Nordic Rye & Knekkebrød** (Norwegian crisp bread with fennel), Jersey butter £5.50 **G, D, SE**

## FIRST COURSES

**Grouville Oysters**

Natural/ shallot vinaigrette/ lemon. £2/ oyster **MO, SD**

Florentine - spinach and hollandaise £3/ oyster **MO, SD, D, E**

Rockefeller – Jersey butter, garden herbs, breadcrumbs £3.50/ oyster **D, G, MO**

**Roast butternut squash velouté** £8 (VG) **C, N, SD**

**Soupé de poisson** £8.50 **D, G, F, CR, SD, M**

Classic French-inspired fish soup, Gruyère, rouille & croutons

**Chicken liver parfait** £9 **D, E, G, S, C, SD**

Chicken crackling, toasted sourdough

**Galette croquante** £13.50 **CR, E, G, D, F**

Chancre Crab, Madras curry, crispy galette, avocado

**Grouville hand-dived scallops** £3/ scallop **D, G, MO**

Confit garlic, Jersey butter, dunking bread

**Crisp spiced squid** £11.50 **F, G, D, P, N, SD, M, SO**

Fried, hot sauce

## SALADS

**Swiss-style Gemischter salat** £9/ £17

Beetroot, Carrot, Leaves, Corn, Potato, Radish, Cucumber,

Celeriac remoulade, Vegan Yoghurt dressing (VG) **SD**

**Greek:** £10/18

Tomato, Kalamata olive, Oregano, Pepper, Sweet onion, Cucumber, Ex virgin olive oil, Feta (V) or (VG) without Feta

(V) = Vegetarian (VG) = Vegan

**Allergens in BOLD:**

**C** - Celery; **G** – Cereals containing Gluten/ Wheat; **CR** - Crustaceans; **E** - Egg; **F** – Fish; **L** – Lupin; **D** – Dairy/ Milk products; **MO** – Molluscs; **M** – Mustard; **N** – Nuts; **P** – Peanuts; **SE** – Sesame seeds; **SO** – Soya; **SD** – Sulphur Dioxide

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express.

All prices are fully inclusive of GST at 5% and service.

If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full, with all the team

## SUNDAY ROASTS

All roasts are served with family-style vegetables to include greens, carrots, cauliflower cheese, petit pois & crispy roasties

**6 hour slow roast leg of English lamb** £22.50 / £12.50 Child

Confit garlic, minted sauce, rosemary gravy **sd,c**

**Roast free-range chicken**, herb-crusted tomato, thyme gravy £18.50 / £10.50 Child

**Roast sirloin of beef** £22.50 / £12.50 Child

Yorkshire pudding, red wine gravy **sd,c**

**Fish mixed grill for 2** - £52 **d, g, f,**

Simply grilled local line caught fillets of fish to share, lemon & chive beurre blanc or plain grilled with charred lemon to squeeze

**Roasted spiced celeriac** - £16.50 / £9 Child

served with Raita (VG) **c, so**

## FISH & SEAFOOD

**Fish mixed grill for 2** - £52 **d, g, f,**

Simply grilled local line caught fillets of fish to share

Lemon & chive beurre blanc **d,sd** or Plain grilled with charred lemon to squeeze

**Grilled spiced King Tiger prawns 2** £26 / **3** £31 **cr, so, sd**

Tomato pilaf, lemon butter

**Jersey Lobster** **sd,cr,d,g,e,m**

Served with soufflé butter ½ £26 Whole £48

## SIDES

New potatoes / Frites / £4

Garden greens £4 **d**

Leaf spinach £4 **d**

Garden salad £5 **m**

## DESSERTS £9

**Malva Caramelised sponge pudding** **d,g,e, so**

With chocolate and vanilla

**Tiramisu** **d,g,e, sd, so**

Finger biscuits, mascarpone, coffee

**Saffron and cardamom rice pudding** (VG) **n**

Served with caramelised pineapple

**Chocolate Mousse** **d, e,**

**Dessert platter** £12 – Serves 2

to include tiramisu, chocolate mousse, Malva caramelized sponge pudding **g,n,d,e,so,s**

## JERSEY GELATO **d,g,e**

Classic Vanilla, Salted Caramel, Garden Mint, Coffee, Mint Leaves with Choc Chip

£2.75 per scoop

**CHEESE** Choice of 3 £12.50, Choice of 5 £15.00 **d, g, c, sd, se**

British and French cheese selection

Sourdough & Knekkebrød, grapes & celery, melon preserve

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